



## SUMMER PORTUGUESE INTENSIVE COURSE 2015

### ORGANISING INSTITUTION'S INFORMATION FORM



#### Institution

<b>Institution name</b>	University of Aveiro
<b>Department</b>	Languages and Cultures
<b>Address</b>	Campus Universitário de Santiago, Aveiro
<b>Country</b>	Portugal
<b>Official website</b>	<a href="http://www.ua.pt">www.ua.pt</a>
<b>Language</b>	Portuguese (European)
<b>Levels course organised</b>	Level A1 (Beginners) Level A2 (Elementary) Level B1 (Intermediate I) Level B2 (Intermediate II)
<b>Course options</b>	1. <sup>4</sup> SPIC'15 (Classes and Cultural Activities) 2. <sup>4</sup> SPIC'15 (Classes and Cultural Activities) + Accommodation 3. <sup>4</sup> SPIC'15 (Classes and Surfing Course) 4. <sup>4</sup> SPIC'15 (Classes and Surfing Course) + Accommodation
<b>Dates</b>	August 24 <sup>th</sup> 2015 to September 11 <sup>th</sup> 2015

Please note that all applications for <sup>4</sup>SPIC' 15 course should be sent by email to the following address: [dlc-ple@ua.pt](mailto:dlc-ple@ua.pt), by June 30 2015.



#### Staff - ForLínguas Office

Contact persons	Address, telephone, fax, email
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## Part I: General information



### 1. Description of the town

#### Short history and location

Aveiro is located 250 km north of Lisbon and 10 km from the Atlantic coastline. It is a lively city and the hub of an important business region. The main feature of the surrounding area is the extensive delta lagoon ("Ria"), which occupies an 11,000-hectare area between the land and the ocean.

With a population of around 70,000, the city is not a sprawling metropolis. It has excellent city transport systems (including a free bike-use scheme). The city centre has been carefully planned to blend in with its natural surroundings, with the beauty of the region reflected in its streets, shopping centres and parks.

Aveiro offers a wide choice of entertainment, including bars, restaurants, nightclubs, cinemas, a theatre and concerts and, of course, there are the lively Portuguese cafés. If you are looking for history and art, Aveiro has museums, churches, monuments and public buildings of architectural importance and the town is very popular for its gastronomy, fairs and exhibitions.

#### Main local, cultural and other events/activities

Aveiro offers a considerable range of cultural activities for a city of its size.

The city's stages host plays put on by both national and local companies, including GRETUA – the University of Aveiro's experimental performance group. Concerts and dance shows are regularly held in Aveiro, too.

Fans of the "7<sup>th</sup> art" have a choice of two mainstream seven-screen cinema complexes in town. For those who prefer alternative cinema, there is one screen showing independent (mainly European). You can also catch a film at the youth centre or the cultural centre.

The museums and art galleries in the city offer exhibitions of painting, sculpture and photography, amongst other art forms.

The University of Aveiro plays a significant role in the cultural life of the city and is a major driver of cultural development.

Lying in a tourism area known as *Rota da Luz*, Aveiro also offers a broad range of summer activities that are centred on its beaches – Praia da Barra and Praia da Costa Nova. There are plentiful opportunities for surfing, windsurfing, body boarding, sailing and other water sports. Visitors can take part in numerous regional events and festivals, many with populist, religious or even pagan overtones. There are also walking and biking routes, along which you can discover the flora and fauna of the area of Aveiro and paintball, bowling, carting, etc.



### How to reach the town (links from the nearest airport, train or coach stations)

By plane – the two closest international airports are Sá Carneiro (Porto) and Portela (Lisbon). The first of these is about one hour from Aveiro while the second is about two and a half hours away (by car or train, in both cases).

By car – to reach Aveiro by car, take the A1 motorway if you are coming from the north and exit at “Aveiro Norte”. Then take the A25 motorway to Aveiro. If coming from the south, use the A1 motorway, take the “Aveiro Sul” exit and from there follow the N235 national route. If you bring your car into Portugal, you will need to obtain an electronic toll payment device, in order to travel on Portuguese toll roads legally. For more information, please see: [http://www.aveiro.eu/uploads/fl\\_83.pdf](http://www.aveiro.eu/uploads/fl_83.pdf).

By train – Aveiro is located on the main north-south railway, linking Portugal and Spain. There is good access to Aveiro from northern European countries too. The railway station is in the centre of the city. By foot, the University is some 15 minutes away. You can also get to the campus by taxi, bus or a bicycle.

### Transport in town (brief information on the main means of transport available)

The integrated city bus network is run by the TRANSDEV company. There are also two minibus routes between the railway station and the university campus, with departures every ten minutes.

A “BUGA” is a bike that can be borrowed on a casual basis for getting around Aveiro town centre. There are bike parks situated throughout the town and the university campus.

Taxis can be called by phone, taken at taxi ranks or on flagged down. Most taxis are beige and display the letter “A” on the door. Fares vary from district to district, but generally speaking taxis are not as expensive in Portugal as in most other European countries. The fare is based on the distance travelled, with extra charges for luggage. It is not necessary to tip the driver.

## 2. Short description of the organising institution

### University of Aveiro

The University of Aveiro (UA) is a public institution with a mission to provide and develop graduate education, research and cooperation with society. Founded in 1973, it quickly became one of the most dynamic and innovative universities in the country.

The University of Aveiro has always positioned itself at the forefront of innovation. It does this in two main ways, the first of which is the provision of degree programmes in advanced scientific and technological areas and the development of modern infrastructures and sophisticated equipment. It also invests in the training and recruiting of teachers and researchers with proven track records in the development of research projects and in building close relations with the worlds of business and industry.

Today, the UA is a key partner for many companies, providing services, know-how and highly qualified graduates. It participates in numerous research projects in the development of new products. The excellence of its research is the trademark of this institution, with 70% of its research units having been classified as “very good” and “excellent” in recent external evaluations.

Web:

<http://www.ua.pt>

<http://www.ua.pt/ensino/>

<http://www.ua.pt/default.aspx>



### 3. Accommodation

#### **Short description of the accommodation offered (hotel, apartments, student halls, others; if there are cooking facilities) and of the rent to be paid per week**

Selected participants registered with modalities “+ accommodation” will be housed in UA halls of residence, in individual rooms with access to a shared kitchen and common living room.

On arrival, course participants will be provided with sheets, duvets and towels. The sheets and towels will be changed weekly and common areas (kitchen, bathroom and living room) are cleaned daily. The kitchen is equipped with a fridge, stove and microwave, but does not have kitchen utensils.

Halls of residence are located within short and easy walking distance from the Department of Languages and Cultures.

The price of accommodation, for 21 nights (from August 23<sup>th</sup> to September 13<sup>th</sup>), is included in the fee.

### 4. Meals

#### **Short description of the services offered (university canteens, restaurants, bars, others)**

On Campus, meals can be taken at any of the university canteens. These are open for lunch and dinner every day of the week (including weekends). The basic price is € 2.45 for soup, bread, a main course and a piece of fruit.

Payment is in the form of meal tickets, which can be purchased from vending machines at various points around the campus. If you have any dietary restrictions, you may like to consult the weekly menus on the website (<http://www.ua.pt/sas/>) or the list at the entrance to the canteen entrance. Vegetarian dishes are always available at the self-service canteen, located next to the residential complex. There are also a number of bars on Campus, serving breakfast, coffee and snacks, on weekdays, between 8.30 am and 5.30 pm. The university-owned bars are subsidised, while others on campus are privately owned and are not subsidised.

Meals will either be taken at university restaurants or at nearby restaurants in Aveiro.

### 5. Reception of students

#### **Meeting point (place, date and time of first meeting)**

Participants will be welcomed at the Department of Languages and Cultures on August 24<sup>th</sup> 2015, at 8:30 am, room 2.1.8, and then taken on to the appropriate classroom for an opening session and coffee break. The aim of the session is for us to get to know the participants and for you to meet each other, the course organisers, the teaching team and the technical support team.

On the night of the August 23<sup>th</sup> 2014, the Erasmus Student Network (ESN) will organise a reception for the participants, thus providing a first contact with Portuguese students and with the city of Aveiro.



## 6. Extramural activities

### **Sports facilities (swimming, tennis, gymnasium; opening days and available information)**

The University of Aveiro's social services unit promotes and regulates sporting activities that meet the needs of the university community.

In addition to the management of the university's sports facilities, the unit cooperates in the organisation and management of sporting activities for the university community. It also works with the student union (AAUAV) and establishes cooperation agreements with exterior entities.

You must provide a medical certificate of fitness or sign a declaration of responsibility if you want to use the university's sports or athletics facilities. You will need an ID card when filling out the declaration of responsibility.

An ACD (meaning cultural activities and sports) is a joint project between the social services unit, the student union and the university's administrative body. It aims to encourage students to take part in informal sports activities.

Once set up, the various ACD grew rapidly and have helped to establish a tradition of informal sports at the university.

There are many activities and events on offer. Students can participate whenever they want, without the need to make a major commitment, upon payment of a symbolic fee each semester.

The following activities are available to students:

aikido, athletics, badminton, baseball, basketball, capoeira, riding, futsal, gymnastics, haidong gumdo, karate, bodybuilding, swimming, rugby, squash, taekwondo, tennis, table tennis, archery, tai chi qigong, volleyball, chess, yoga.

For those wishing to engage competitively, there are the following:

handball, athletics, badminton, baseball, basketball, football, futsal, roller hockey, swimming, rugby, squash, taekwondo, tennis, table tennis, volleyball, chess.

#### **Schedules:**

##### Sports pavilion

Every day from the 9 am to 1 am

##### Reception

Monday to Thursday from 12 am to 10 pm

Fridays from 12 am to 8 pm

##### Athletics track

Monday to Friday from the 9 am to 12 pm

##### Physical training room (bodybuilding)

Monday to Friday from 11 am to 2 pm

Monday, Wednesday and Friday from 5 pm to 9 pm

Tuesday and Thursday from 4 pm to 8 pm

##### Sauna schedule

Monday to Friday from 10 am to 12 pm



#### Squash schedule

Monday to Friday from 9 am to 12 pm

See the price list at:

<https://www.ua.pt/ReadObject.aspx?obj=30967>

For further information please see:

<http://www.ua.pt/sas/PageText.aspx?id=11619>

#### Entertainment (cinema, theatre, etc; brief information on places and student facilities)

There are two large multi-screen cinemas in Aveiro offering reduced rates through your UA International Student Card (Lusomundo: Forum and Glicínias), each within 10 minutes walking distance from the university campus. In town, there are also two other screens showing non-mainstream films (Cineclube de Aveiro).

There are many other types of cultural activity waiting to be found in Aveiro. The city has a number of performance spaces, with a regular offer of music festivals and theatrical productions, as well as conferences (Teatro Aveirense, GRETUA, CETA and Efémoro). In addition, there are two cultural centres that organise various activities (plays, shows, concerts, lectures, etc.): the Aveiro City Theatre (Teatro Aveirense) and the Cultural and Congress Centre of Aveiro – the former Jerónimo Campos Pereira ceramics factory. There are also other cultural centres in neighbouring areas (such as Ílhavo or Estarreja) that also organise international programmes.

In addition, the 15 museums in the area recount and recall the history and bygone civilisations of Aveiro and the surrounding district. There are exhibitions of local crafts, costumes, machinery, ceramics, life at sea and popular traditions. These museums include Museu de Santa Joana Princesa, Museu Arte Nova, Museu da Cidade, Museu Marítimo de Ílhavo, etc. In general, museums are open daily (except Mondays).



## Part II: <sup>4</sup>SPIC course description



### 1. Portuguese as a Foreign Language

#### Levels (CEFR)

- Level A1 – Beginners level
- Level A2 – Elementary level
- Level B1 – Intermediate I level
- Level B2 – Intermediate II level



### 2. Period

From	To
August 24 <sup>th</sup> 2014	September 11 <sup>th</sup> 2014



### 3. Short description of language component

#### Course

The beginner, elementary and intermediate courses in Portuguese (level A1, A2, B1 and B2) aim to develop communication skills in diverse situational contexts, including socialising, personal and interpersonal introductions, asking for and giving contextual information and everyday communication and situational interaction. Emphasis will be given to cooperative oral and written work, supported by information and communication technologies, particularly the multimedia laboratory. The language and cultural knowledge acquired in class will be presented through guided discovery and consolidation activities focused on the reality of Aveiro. Students will have the opportunity to socialise with local people, read real texts written in Portuguese and get to know some of the specific habits and customs of Aveiro and/or the Portuguese people in general. However, because the courses will all be functioning at the same time, students can also mix with colleagues from the other levels and, so, benefit from peer input. At the end of the course, students should be capable of communicating and understanding information of a general nature in Portuguese. They should also feel motivated to continue learning the language during their academic course in Portugal or/and during their professional life.

Mornings on the course will usually be dedicated to face-to-face tuition (in a classroom or multimedia laboratory). Afternoon activities will consist of tours, exhibitions, sports activities, surfing course, etc.



### 4. Short description of the cultural elements included in the course

#### Cultural component

The non-teaching activities taking place during the courses are designed to allow students to



experience the material and immaterial heritage of the city of Aveiro and its region.

The first week will be dedicated to art, history, culture and local architecture. We will start with a boat ride by Moliceiro, along Aveiro's canals, followed by visits to the Museum of Aveiro, the Cathedral, the Troncalhada Ecomuseum and the saltpans. A walking tour of Aveiro will take the city's Art Nouveau architecture, the decorated cobble sidewalks and characteristic Portuguese tiles and municipal and regional architecture, both ancient and modern.

The second week of the course will continue with an exploration of our nautical and fishing history, and water sports. There will be a visit to the Santo André Boat Museum, the Maritime Museum of Ílhavo and its Cod Aquarium. Students will also have the chance to take a class in surfing, at Praia do Labrego, in Vagueira.

The third week will focus on other features of industrial and tourist interest in the region, with visits to companies like the Ceramics Factory of Vista Alegre, in Ílhavo. This last visit will also serve to illustrate the types of (manufacturing and construction) materials that are commonly used in the region. Students are also invited to participate in a Zumba class held by a representative of GimClube - Fitness Center.

During the courses, students will also be invited to participate in the seasonal festive activities organised by the city of Aveiro and adjoining municipalities.

The course aims to provide the across-the-board training in Portuguese that students will need to facilitate their work in their respective areas of study or work.

We consider that the knowledge shared through the cultural and social component of this course will contribute to opening up new horizons, improving the quality of life and offering enhanced opportunities for students coming to the University of Aveiro to study, as well as those who come to work.



## 5. Short description of the sports opportunities included in the course

### Sport component

The in-course sports activities are designed to help students fully experience the material and immaterial heritage of the city of Aveiro and its region. This component will enrich the <sup>4</sup>SPIC course as a whole, by offering a unique opportunity to explore the local surroundings and also by meeting the ever-increasing demand for activities linked both to sport, in this case surfing, and wellbeing. This is why the intensive course comprises a core of Portuguese language lessons with a surfing add-on, run by the Secret Surf School and a Zumba class, organised by the GimClube - Fitness Center.

In the first week, participants will take part in an entry-level surfing course at level 1. By the end of this stage the learner can stand with ease, that is, do the take off, stand up and row to catch the wave, with help from the instructor.

The second week will focus on basic surfing techniques: level 2. By the end of this stage the learner can row into the sea, turn and catch the wave, all on their own

The third week will be given over to improving surfing techniques: level 3. By the end of this stage, the learner can surf in a basic way. Once standing, the surfer can turn and surf on the wave wall.

As a supplementary activity, <sup>4</sup>SPIC students who have applied for the language and surfing course will also join the Zumba class (2h), run by GimClube - Fitness Center. During the courses, students will also be invited to participate in the seasonal festive activities organised by the city of Aveiro and adjoining municipalities.

The course aims to provide the across-the-board training in Portuguese that students will need to facilitate their work in their respective areas of study or work.

We consider that the knowledge shared through the cultural, sport and social component of this course will contribute to opening up new horizons, improving the quality of life and



offering enhanced opportunities for students coming to the University of Aveiro to study, as well as those who come to work.

Note: Participants in the <sup>4</sup>SPIC options, including the surfing course, will receive a certificate of participation from the Secret Surf School, when they have completed the training.

## 6. Assessment methods

### **Assessment**

At the language component, students will be comprehensively assessed on their written competences (reading comprehension, writing and interaction), oral competences (understanding, oral expression and interaction) and knowledge of language structure. A set of exercises and activities will be administered along the course, as a way of checking if the requisite skills have been acquired.

Students will also be tested at the end of the course. This final exam will measure knowledge, skills and abilities. Teachers will set the dates for the different evaluation activities.

## 7. Methodology

### **Language learning**

During the language course, mornings will normally be spent in lessons (in the classroom or multimedia laboratory) and the afternoons will be given over to extracurricular activities (visits, shows, exhibitions, surfing course, etc.).

In the Portuguese lessons, we will use an expository method for transmitting and reinforcing information and essential content. The teacher will explain the concepts inductively and deductively to nurture both students' attention and their motivation to carry out the tasks that represent the practical application of acquired knowledge. Students should be receptive, but not passive, and the teacher will engage the students in acquiring the knowledge and skills in a motivating manner.

In the oral expression and interaction workshops, we will use the participatory method for conversation. Here, students play an active role during class, raising questions or discussing different themes that are of interest to them. The teachers act as mediator and facilitator.

In the workshops on written production and interaction, we will be using the participatory expository method with students working independently or in groups, so they can practise their knowledge and respond actively to the challenges put to them. While they are carrying out their tasks, it will fall to the teachers to reply to issues raised and to answer students' questions, in this way strengthening the information on the content.

Students will work more independently in the multimedia laboratory. The teachers will distribute autonomous tasks and then take on the role of supporter. Students will progress at their own pace and each student's cognitive learning mechanisms will be respected, while they use the computer as a tool to help them solve problems or questions. We will use music, films and excerpts from television, podcasts and other content available on the internet. This methodology is meant to keep the students focused and alert as well as develop their ability to solve problems and test their capacity to apply knowledge.



## 8. Pedagogical and didactical approach, teaching methods to be used

### Learning process

The Portuguese as a Foreign Language course will take a constructivist approach, in that the building up of each student's knowledge base will take into account their cognitive structures and socio-historical background. Portuguese language and culture will be applied as a tool for addressing the culture of the student's own country, their individual experience, their interests and their critical and reflective capabilities. This will allow the student to construct new knowledge by interacting with their surroundings, resolving problems and increasing expectations. Thus, the student will be encouraged to develop a proactive approach to seeking knowledge, constructing know-how and developing and improving competences.

## 9. Arrangements for providing participants with ECTS

### ECTS credits

Erasmus+ students who successfully complete the Portuguese language course will be awarded 6 ECTS. Participants in <sup>4</sup>SPIC will receive the ECTS Transcript of Records and an attendance certificate. The originating institution shall make the decision on how the credits are to be recognised (either through an internal accreditation process or through a supplement to the participant's course diploma).

## 10. Learning outcomes

### Objectives

By the end of the course, **A1** learners should develop productive and receptive written and spoken competences that will allow them to:

1. Understand and use familiar everyday expressions and simple announcements, allowing them to fulfil concrete communication needs.
2. Know how to communicate simply in various situational contexts, such as introducing oneself to others, asking and answering personal information questions.
3. Know how to use appropriate vocabulary and structures when communicating.
4. Practise and consolidate the basic structures in Portuguese.
5. Deal with tangible and intangible cultural topics pertinent to the Aveiro region.
6. Show openness and awareness of multiculturalism and multilingualism.

By the end of the course, **A2** learners should develop productive and receptive written and spoken competences that will allow them to:

1. Understand isolated phrases and commonly used expressions relating to immediate needs.
2. Communicate in the context of simple routine tasks that require a straightforward and direct exchange of information on familiar everyday matters.
3. Write in a simple way about the learner's learning and immediate surroundings
4. Refer to matters relating to immediate needs.
5. Deal with tangible and intangible cultural topics pertinent to the Aveiro region.
6. Show openness and awareness of multiculturalism and multilingualism.



By the end of the course, **B1** learners should develop productive and receptive written and spoken competences that will allow them to:

1. Understand the main points when dealing with a message addressing familiar topics and comprising clear standardised language.
2. Deal with most situations likely to be encountered in the region where the target language is spoken.
3. Understand simple texts on both concrete and abstract topics.
4. Produce simple and coherent discourse on matters that are familiar or of interest.
5. Write about experiences and events, wishes, hopes and ambitions and also provide brief reasons and justifications in support of opinions or projects
6. Maintain a spontaneous conversation with native speakers, even if with some hesitation.
7. Deal with tangible and intangible cultural topics pertinent to the Aveiro region.
8. Show openness and awareness of multiculturalism and multilingualism.

By the end of the course, **B2** learners should develop productive and receptive written and spoken competences that will allow them to:

1. Understand the main ideas in complex texts on both concrete and abstract topics, including technical discussions in the learner's area of expertise.
2. Communicate with a certain degree of spontaneity and ease with native speakers, without causing strain to either side.
3. Express themselves clearly and in detail on a broad range of themes and explain a point of view on a topic of current interest, conveying the advantages and the drawbacks of the various possibilities.
4. Deal with tangible and intangible cultural topics pertinent to the Aveiro region.
5. Show openness and awareness of multiculturalism and multilingualism.



### Part III: Work Program



#### 1. Duration (per class/level)

<b>Hours in classroom</b>	60
<b>Hours of cultural component</b>	22
<b>Hours of complementary activities (opening and closing sessions)</b>	8
<b>Total</b>	90



#### 2. Structure

<b>Total number of classes, contact hours, hours of practice conversation/language lab, etc.</b>	
<b>Total course hours</b>	90
<b>Portuguese Language</b>	24 (12d x 2h)
<b>[Introduction to] Oral Expression</b>	4 (4d x 1h)
<b>[Introduction to] Written Expression</b>	4 (4d x 1h)
<b>Oral Expression Workshops</b>	9 (9d x 1h)
<b>Written Expression Workshops</b>	9 (9d x 1h)



<b>Multimedia Lab</b>	10 ((3d x 2h)+(1d x 4h))
<b>Cultural or Sports contents</b>	22
<b>Complementary activities</b>	8
<b>Number of weeks</b>	3
<b>Days of classes</b>	15



### 3. Schedule

#### 3.1. Language course + cultural activities (consult for course options 1 and 2)

Language course + sports activities (consult for course options 3 and 4)

\*Supplementary activities are included in all options of the course.

<b>Classes and cultural activities</b>	
<b>Week 1</b> <b>Day 1</b> <b>Aug., 24</b>	<p><b>Complementary activities:</b> 08.30 – 10.30 – Students reception and coffee break</p> <p><b>Language course:</b> 10.30 – 12.30 – Portuguese Language</p> <p><b>Cultural activities:</b> Free afternoon</p> <p><b>Sports activities:</b> Free afternoon</p>
<b>Week 1</b> <b>Day 2</b> <b>Aug., 25</b>	<p><b>Language course:</b> 08.30 – 10.30 – Portuguese Language 10.30 – 11.30 – [Introduction to] Oral Expression 11.30 – 12.30 – [Introduction to] Written Expression</p> <p><b>Cultural activities:</b> 13.30 – 17.30 – Cultural activities: (a) walk in Aveiro: examples of Art Nouveau, the decorated cobble sidewalks and characteristic Portuguese tiles, municipal and regional architecture, both ancient and modern; (b) boat ride by Moliceiro on the Ria canal of Aveiro; (c) visit the Troncalhada Ecomuseum and the saltponds.</p> <p><b>Sports activities:</b> 13:30 – Pick up at the university 15:00 – 17:00 Surf class 18:00 – Arrival at the university</p>
<b>Week 1</b> <b>Day 3</b> <b>Aug., 26</b>	<p><b>Language course:</b> 08.30 – 10.30 – Portuguese Language 10.30 – 11.30 – [Introduction to] Oral Expression 11.30 – 12.30 – [Introduction to] Written Expression 13.30 – 17.30 – Multimedia Lab</p>
<b>Week 1</b> <b>Day 4</b> <b>Aug., 27</b>	<p><b>Language course:</b> 08.30 – 10.30 – Portuguese Language 10.30 – 11.30 – [Introduction to] Oral Expression</p>



	<p>11.30 – 12.30 – [Introduction to] Written Expression</p> <p><b>Cultural activities:</b> 13.30 – 16.30 – Cultural activities: (a) visit the Museum of Aveiro; (b) visit the cathedral.</p> <p><b>Sports activities:</b> 13:30 – Pick up at the university 15:00 – 17:00 Surf class 18:00 – Arrival at the university</p>
<b>Week 1</b> <b>Day 5</b> <b>Aug., 28</b>	<p><b>Language course:</b> 08.30 – 10.30 – Multimedia Lab 10.30 – 11.30 – [Introduction to] Oral Expression 11.30 – 12.30 – [Introduction to] Written Expression</p> <p><b>Cultural activities:</b> Free afternoon</p> <p><b>Sports activities:</b> 13:30 – Pick up at the university 15:00 – 17:00 Surf class 18:00 – Arrival at the university</p>
<b>Week 2</b> <b>Day 6</b> <b>Aug., 31</b>	<p><b>Language course:</b> 08.30 – 10.30 – Portuguese Language 10.30 – 11.30 – Oral Expression Workshop 11.30 – 12.30 – Written Expression Workshop</p> <p><b>Cultural activities:</b> Free afternoon</p> <p><b>Sports activities:</b> 13:00 – Pick up at the university 14:00 – 16:00 Surf class 17:00 – Arrival at the university</p>
<b>Week 2</b> <b>Day 7</b> <b>Sep., 1</b>	<p><b>Language course:</b> 08.30 – 10.30 – Portuguese Language 10.30 – 11.30 – Oral Expression Workshop 11.30 – 12.30 – Written Expression Workshop</p> <p><b>Cultural activities:</b> 13.00 – 18.00 – Cultural activities: (a) visit the Maritime Museum of Ílhavo and its Codfish Aquarium; (b) visit the Santo André Boat Museum.</p> <p><b>Sports activities:</b> 13:00 – Pick up at the university 14:00 – 16:00 Surf class 17:00 – Arrival at the university</p>
<b>Week 2</b> <b>Day 8</b> <b>Sep., 2</b>	<p><b>Language course:</b> 08.30 – 10.30 – Portuguese Language 10.30 – 11.30 – Oral Expression Workshop 11.30 – 12.30 – Written Expression Workshop</p>



	<p><b>Cultural activities:</b> Free afternoon</p> <p><b>Sports activities:</b> Free afternoon</p>
<b>Week 2</b> <b>Day 9</b> <b>Sep., 3</b>	<p><b>Language course:</b> 08.30 – 10.30 – Portuguese Language 10.30 – 11.30 – Oral Expression Workshop 11.30 – 12.30 – Written Expression Workshop</p> <p><b>Cultural activities:</b> 13.00 – 17.00 – Surf class</p> <p><b>Sports activities:</b> 13:00 – Pick up at the university 14:00 – 16:00 Surf class 17:00 – Arrival at the university</p>
<b>Week 2</b> <b>Day 10</b> <b>Sep., 4</b>	<p><b>Language course:</b> 08.30 – 10.30 – Multimedia Lab 10.30 – 11.30 – Oral Expression Workshop 11.30 – 12.30 – Written Expression Workshop</p> <p><b>Cultural activities:</b> Free afternoon</p> <p><b>Sports activities:</b> 13:00 – Pick up at the university 14:00 – 16:00 Surf class 17:00 – Arrival at the university</p>
<b>Week 3</b> <b>Day 11</b> <b>Sep., 7</b>	<p><b>Language course:</b> 08.30 – 10.30 – Portuguese Language 10.30 – 11.30 – Oral Expression Workshop 11.30 – 12.30 – Written Expression Workshop</p> <p><b>Cultural activities:</b> 14.00 – 18.00 – Cultural activities: (a) visit Vista Alegre factory, in Ílhavo.</p> <p><b>Sports activities:</b> 13:30 – Pick up at the university 15:00 – 17:00 Surf class 18:00 – Arrival at the university</p>
<b>Week 3</b> <b>Day 12</b> <b>Sep., 8</b>	<p><b>Language course:</b> 08.30 – 10.30 – Portuguese Language 10.30 – 11.30 – Oral Expression Workshop 11.30 – 12.30 – Written Expression Workshop</p> <p><b>Cultural activities:</b> Free afternoon</p>



	<p><b>Sports activities:</b> 13:30 – Pick up at the university 15:00 – 17:00 Surf class 18:00 – Arrival at the university</p>
<b>Week 3</b> <b>Day 13</b> <b>Sep., 9</b>	<p><b>Language course:</b> 08.30 – 10.30 – Portuguese Language 10.30 – 11.30 – Oral Expression Workshop 11.30 – 12.30 – Written Expression Workshop</p> <p><b>Cultural activities:</b> 14.00 – 16.00 – Zumba class</p> <p><b>Sports activities:</b> 14.00 – 16.00 – Zumba class</p>
<b>Week 3</b> <b>Day 14</b> <b>Sep., 10</b>	<p><b>Language course:</b> 08.30 – 10.30 – Portuguese Language 10.30 – 11.30 – Oral Expression Workshop 11.30 – 12.30 – Written Expression Workshop</p> <p><b>Cultural activities:</b> Free afternoon</p> <p><b>Sports activities:</b> 13:30 – Pick up at the university 15:00 – 17:00 Surf class 18:00 – Arrival at the university</p>
<b>Week 3</b> <b>Day 15</b> <b>Sep., 11</b>	<p><b>Language course:</b> 08.30 – 10.30 – Multimedia Lab</p> <p><b>Complementary activities:</b> 10.30 – 12.30 – Closing session with presentation of diplomas</p> <p><b>Cultural activities:</b> Free afternoon</p> <p><b>Sports activities:</b> Free afternoon</p> <p><b>Complementary activities:</b> 19.00 – 23.00 – Closing dinner</p>



## 4. Contents

### 4.1. Level A1 contents

#### Grammatical contents

- Affirmative, interrogative and negative sentences
- Definite and indefinite articles
- Numbers
- Adjective: noun agreement
- Feminine and plural forms (general rule)
- Present indicative of regular and irregular verbs
- Usage differences between *ser* and *estar*
- Simple past of regular and irregular verbs
- Periphrastic conjugations: *estar a* + infinitive; *ir* + infinitive; *haver de* + infinitive
- Prepositions of movement, place and time
- Personal, possessive, demonstrative, interrogative and indefinite pronouns
- Adverbs of place and quantity
- Adjectival and adverbial comparison
- The verb *haver*
- The temporal value of the verbal form *há*, versus *desde*
- Reflexive pronominal conjugation
- Reflexive personal pronouns and their placement
- Modal auxiliary verbs

#### Lexical contents

- Introductions
- Nationalities/countries
- Greetings
- Professions
- Addressing people formally and informally
- Family and home
- Meals and daily routine
- Days of the week, times, months and seasons of the year
- Shopping and clothes
- Free time
- Public places and shops
- Spatial arrangements

#### Cultural references

- Regions, cities
- Portuguese figures
- Historical and social aspects
- Economic and regional aspects
- Festivities and celebrations
- Traditions and values
- Music, TV, cinema, literature and art



## 4.2. Level A2 contents

### Grammatical contents

- Consolidation of previously taught grammar points
- Past imperfect of the indicative of both regular and irregular verbs
- Future of the indicative
- Periphrastic conjugations: *ir* + infinitive; *haver de* + infinitive
- The verb *haver*
- The verb form *há* as a time marker compared to *desde*
- Direct and indirect complement personal pronouns and their placement in the phrase
- Past participle
- Compound tenses
- Auxiliary modal verbs
- Direct and indirect speech
- Personal pronouns governed by prepositions
- Degrees of adjectives and adverbs
- Feminine and plural forms: names and adjectives (particular rules)
- Rules for accents

### Lexical contents

- Introductions
- Addressing people formally and informally
- Greetings
- Description (physical and psychological)
- Family and home
- Means of communication
- Free time activities
- Public places and shops
- Services
- Predictions
- Diet and health

### Cultural references

- Regions, cities
- Portuguese figures
- Historical and social aspects
- Economic and regional aspects
- Festivities and celebrations
- Traditions and values
- Music, TV, cinema, literature and art

## 4.3. Level B1 contents

### Grammatical contents

- Consolidation of previously taught grammar points
- Imperfect indicative
- Imperfect subjunctive
- Conditional



- Compound pluperfect preterit of the subjunctive
- Se + imperfect subjunctive + conditional/imperfect of the indicative
- Indicative/subjunctive
- Conditional phrases:
  - Se + future subjunctive
  - Se + imperfect subjunctive
  - Se + compound pluperfect preterit of the subjunctive
- Direct speech and indirect speech
- Direct and indirect question forms.
- Pronoun conjugation with the future indicative and with the conditional
- Rules for accents

### Lexical contents

- Introductions
- Nationalities/countries
- Greetings
- Addressing people formally and informally
- Description (physical and psychological)
- Family and home
- Meals and daily routine
- Free time
- The environment and pollution
- Social issues
- The regions of Portugal
- Life in Portugal
- Free time activities
- Customs, traditions and traditional products
- Holidays and tourism

### Cultural references

- Regions, cities
- Social aspects
- Historical aspects
- Economic and regional aspects
- Festivities and celebrations
- Traditions and values
- Music, literature and art

### 4.4. Level B2 contents

#### Grammatical contents

- Articles
- Adjectives
- Pronouns
- Adverbs and adverbials
- Prepositions
- Inflectional and derivational morphology
- Governing prepositions
- Verb tenses and moods (particularly the subjunctive)
- Impersonal expression s in the subjunctive mood



- Periphrastic conjugation
- Past participles (regular and irregular forms)
- Coordination and subordination constructions

## Lexical contents

- History of Portugal
- Geography
- People and their nature
- Habits and customs, lifestyles
- Food
- Tourism
- Innovation
- Portugal and the world

## Cultural references

- Regions, cities
- Mainland and the archipelagos
- Portuguese figures
- Historical and social aspects
- Economic and regional aspects
- Festivities and celebrations
- Traditions and values
- Music, literature and art
- Portugal's relations with the outside world



## Part IV: Course facilities



### 1. Teaching aids

#### Supports

- audio materials
- video materials
- computers
- software
- handouts
- printed texts
- language lab
- internet
- Moodle
- library
- etc.



### 2. Library

<b>Times</b>	9:00 AM – 5:30 PM
<b>Opening days</b>	Monday to Friday
<b>Address</b>	Campus Universitário de Santiago, 3810-193 Aveiro, Portugal



### 3. Language Lab

<b>Times</b>	9:00 AM – 18:00 PM (upon teacher request)
<b>Opening days</b>	Monday to Friday
<b>Address</b>	Campus Universitário de Santiago, 3810-193 Aveiro, Portugal
<b>Cost</b>	Free



### 4. Staff

<b>Administrators</b>	2 - from ForLínguas Office
<b>Teachers</b>	1 - per course
<b>Technical support</b>	2 - 1 from the secretariat of the Department of Languages and Cultures and 1 from the International Office (Gabinete de Relações Internacionais – GRI)