

— Be welcome to design your future international at VIVES

— INTERNATIONAL ERASMUS+ MODULE **VICKIE SPORTS+**

spring semester

campus Brugge, Kortrijk and Torhout

PRACTICAL

Application procedure and practical information

www.vives.be/international

Read very carefully and do what is asked:

- Application
- Choose for housing in Bruges/Brugge!
- Learning Agreement

Deadline of application

Spring semester
(November: see website)



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www.vives.be/en
www.vives.be/en/be-exchange-student-vives

more info

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#VERYVIVES    





— International Erasmus+ module with focus on EDUCATION and Sports at VIVES university college, Bruges & Torhout (Belgium)

This module gives you actual and innovative keys you can use as a teacher in education and has been specially designed for both Belgian teacher training students (internationalization@home) and incoming ERASMUS+ students related to education and teacher training from universities and university colleges we have an inter-institutional agreement with.

The teacher training departments of VIVES Bruges, Kortrijk and Torhout are proud to present you a new module 'V I C K I E SPORTS+' VIVES International Classroom Keys In Education with the focus on physical education.

What do we offer?

- A **five-month module** (30 ECTS) with cultural introduction days
- One semester **SPRING: February–middle of June** (30 ECTS)
- An enthusiastic teaching staff with a lot of expertise
- Highly qualified mentors in school for teaching practice (traineeship)

Key words

- Education in Flanders, Europe and the world
- **Physical education**
- **Sport guidance/ training (leisure and competition)**
- Inclusion
- Research
- Good practices
- Reflection
- Diversity, social and intercultural competences
- Digital learning
- Scientific thinking
- Physical education and movement and recreation
- Focus on the competences of a starting teacher
- International competences

Target groups

- Students of secondary teacher training: general and sports courses

Overall aims and assessment

The module will provide students with skills, knowledge and experiences in order to increase their teaching competences with a focus on physical education, coaching and training (sport and leisure), intercultural competences, personal growth, global awareness and international knowledge related to education. Each module includes permanent assessment based on oral and/or written presentations.

Prerequisites

English language skills on a B2 level according to the Common European Framework of References for Languages (CEFR).

Language

The sport classes are mostly practical. The official language is Dutch (teachers and fellow students translate content and instruction when necessary). Papers or reports are drawn up in English. The traineeship will take place in Dutch-speaking schools, though the trainees can use English. This can be in a primary and/or a secondary school.

Place to be... Brugge, this sounds great! Campus and student life

Welcome to study in VIVES in the city Brugge, the Venice of the North. Brugge is a wonderful cultural and historical city situated in the province of West-Flanders and has most of its medieval architecture intact. The historical centre of Bruges has been a UNESCO World Heritage Site since 2000. This city has about 12.000 inhabitants.
<https://bezoekers.brugge.be/en>

Flemish student mentors will help you to settle in our campus. The atmosphere at campus Brugge is open and friendly. There is an active student life. Social events, where you can meet up with other students, are organised.

Place to be for sport Torhout

All PE courses (physical education) and the courses related to physical activity take place in Torhout. This small and heart-warming campus is located near the station and easily accessible from Bruges. Our Flemish students will make you feel very welcome at our campus.

Accommodation in Brugge

VIVES will help you to find accommodation in Brugge. The number of rooms is limited. There is a separate application procedure! Be in time! You can read everything on the website (see backside of this flyer for the link).

The 'VICKIE' Sports+ 30 ECTS program in a nutshell

You can use this schedule to prepare your learning agreement (LA). Your LA must be completed before the middle of December. Please contact lien.vaneecke@vives.be to agree about your LA.

ECTS	NAME OF THE KEY	CODE
5 ECTS	Global sustainability and engagement	VICKIE 1
5 ECTS	Social and intercultural competences	VICKIE 2
4 ECTS	A broad view on education in Europe and Flanders	VICKIE 3
3 ECTS	Labs in education (choose only 1 lab) 4.1. Diversity in/and education 4.2. Digital media in education 4.3. Physical education and movement and recreation: option 1 (only for future teachers physical education or trainers/instructors in a sports field)	VICKIE 4.1 VICKIE 4.2 VICKIE 4.3
5 ECTS 8 ECTS	Labs in physical education and sport guidance Physical Education (skills) Active leisure sector (exploring in depth)	VICKIE 5.5 VICKIE 5.6
30 ECTS		

Note: Please always refer to the name of the key AND the code in your LA

VICKIE 1 – Global sustainability and engagement 5 ECTS

The beginning of the 21st century is marked by profound societal changes as well as rapid social change. The complexity of the world has increased exponentially, and political, economic and sociocultural developments can at present only be analysed and understood in a global context.

In this course, we focus on the 21st century competences (sustainability, international and intercultural competences, creativity and innovation, dealing with diversity etc.), with the UN Sustainable Development Goals as framework of reference. By following this course, you will gain awareness and insights into the field of global issues and world citizenship. A selection of current global issues will be presented: climate change, environmental justice, poverty and inequality, conflict and peace, migration etc.

In this subject, you can choose between two different tracks: a theoretical track with a concluding research paper or a track with an action-oriented / civic engagement component.

VICKIE 2 – Social and intercultural competences 5 ECTS

You will learn skills for civic competence related to the ability to engage effectively with others in the public domain, and to display solidarity and interest in solving problems affecting the local and the wider community. Therefore we focus in this key on self-knowledge and on facing diversity in our way of life. The qualifications we need to

live as a citizen in the today's Europe, requires insight in the complex phenomenon of identity and the way we live as a human being in a group. We implement this on the teacher and his pupils. Facing history learns us more about the complexity of the human society. You also learn skills for guiding the process of bringing children to express themselves by means of musical language and drama. You acquire expertise in the field of possibilities of expression. You share the knowledge (as part of an intercultural group of teacher trainees) of possibilities to play with body-language, drama, rhythm and melody in language. You acquire expertise in guiding pupils in exceeding their limits, fears in the domain of expressing their feelings and inner thoughts.

VICKIE 3 – A broad view on education in Europe and Flanders 4 ECTS

Here you get a broad view on education in Flanders and Europe. We focus on the competences and attitudes of the teacher of this century and we compare educational systems and approaches from different countries. Guiding developmental and learning processes is very important in education. We focus on powerful environments for education and self-guidance of children and young people in learning situations. As teacher you will be informed about different topics on education (eg. Social skills and conflict resolution, normalisation, inclusive education, equity topics, diversity, child orientated learning, experiential learning, alternative approaches...). Coping with diversity is also a challenge in education in Europe and Flanders.

VICKIE 4 – Labs in education **3 ECTS** (One lab to choose)

4.1 Diversity in/and education - compulsory 3 ECTS

An understanding and awareness of equality and diversity is needed more than ever in our society, in schools and education. Perceptions, attitudes and practices that promote prejudice and discrimination in education should be challenged. You will look into different aspects of diversity and acquire the necessary knowledge, skills and attitudes to deal with diversity in educational settings.

4.2 Digital media in education 3 ECTS

The use of media, and more specifically digital media, in education is being questioned in this course. Our society nowadays is digitalized and digital tools have a prominent place in everyday life. We surf on the internet, we use Skype, FaceTime or Facebook, have a smartphone, use online tools to manage our banking, book a flight ...

Digital media is everywhere and can't be left out of the education of children since they are 'digital natives'. As a teacher we have an important role in integrating different types of digital media in education. We're looking for a way in which media can support learning processes. Next to the development of technical and instrumental skills, we want to introduce children to different types of digital tools.

Therefore we take a look at different views on digital media in education in this course. We also investigate the way in which children use digital media and what advantages and risks are related to it. Finally, we explore different types of digital tools and the opportunities they provide in education.

4.3 Physical education and movement and recreation 3 ECTS

(only for future teachers physical education or trainers/instructors in a sports field)

You can follow different practical and theoretical courses concerning physical education and movement and recreation. The practical courses are given in Dutch. The theoretical courses are given in English. All the lectures of the team have a big expertise in their sports field and the special methodologies in school environment or sport clubs. You can choose this course 2 times. Options will be explained at the beginning of your stay.

This course you follow in campus Torhout (20 minutes from Bruges)

VICKIE 5 – Labs in English and education 4 ECTS

We will focus on providing guidance in sports, in education and beyond. Your skills as a future teacher in physical education will be fine-tuned. Next to this, we will focus on the growing active leisure sector in Europe. You have to make a choice between outdoor & coast, fitness & wellness or training & coaching.

5.5 Physical education (skills) 5 ECTS

This course includes both teacher training in schools as methodology and practical lessons on physical education (rhythm, athletics, swimming and ball sports). Students will be familiarized with our vision on teaching physical education and is based on skills practice. They also get the opportunity to try out and experience this actively in primary and secondary schools.

5.6 Active leisure sector (exploring in depth) 8 ECTS

For this course you have to choose of the several options in the active leisure. We offer outdoor & coast, fitness & wellness and training & coaching (soccer). The emphasis is put on skills and techniques to coach and support people in adventure sports, fitness or soccer. Next to this you will actively participate in this segment of the leisure industry. Depending on the field you choose, you will make one of the following trips:

- Outdoor and coast: destination Spain: degree in Canyoning Assistant Guide
- Fitness and Wellness: destination: The Netherlands or Belgium: exploring new fitness trends
- Training and coaching: Belgium and abroad: reputable, innovative training centres

